## **Fluoride Testing**

Fluoride testing will be carried out on both competition days at Imatra Spa Competition. Testing will be carried out in a closed area in the immediate vicinity of the finish and start areas after each competition. The testing protocol follows the rules of the International Ski Federation and domestic guidelines, as applied.

## **Pre-testing**

The testing organization will arrange a free testing opportunity for skis in too days before the competition. The purpose of pre-testing is to ensure that the skis have been cleaned correctly. In pre-testing, measurement results exceeding the limit values will not lead to sanctions. The purpose is to help and spread awareness regarding testing. Skis can be brought for pre-testing to the finish area testing tent: Friday  $06.12.2024\ 16:00-17:30$  Saturday  $07.12.2024\ 16:00-17:30$ .

## Ski marking

If your skis already have a FIS or SHL sticker, use it (no new sticker needed) – old information will be removed with a degreaser. The missing sticker can be replaced with tape (e.g. painter's tape). Put the tape on both skis behind the binding. Put the tapes only on the pair of skis that will be used in the competition. Write the competition number (BIB on the FIS sticker) in the space provided with a permanent marker and write it clearly. The sticker or tape and competition number will be checked on the competitors' skis at the start. If for some reason it is missing, the organizers of the start will mark the skis with tape and marker.

## **Testing protocol**

Sprint, Saturday 7.12.2024 - no start testing.

Qualifying competition: After reaching the finish line, the competitor leaves skis on the rack in the finish area. Skis can be picked up next to the testing tent, from the rack outside the finish area no later than 30 minutes after reaching the finish line.

Heats:Skis of those who have been eliminated in the Sprint heats are collected in the finish area, moved to the testing tent, after which they can be picked up from the same place as after the qualifying. Skis of athletes who have progressed are left on a separate rack, from which they are picked up before moving on to the start of the next heat.

Lubricating, polishing, cleaning and any other type of ski repair is prohibited during heats (preliminaries - semi-finals - finals). After the final, all skis can be picked up from the same location as after the qualifying Intermediate starts.

Sunday 8.12.2024 - no start testing.

After reaching the finish line, the competitor leaves his skis in the rack in the finish area. Skis can be picked up next to the testing tent, from the rack outside the finish area no later

than 30 minutes after reaching the finish line. If skis are not left in the rack after reaching the finish line, this will result in disqualification.

Fluorine detection: The basic idea of fluoride testing is to ensure fluoride-free and fair. The purpose of testing is not to "find fluoride" but to ensure honest operation. Several measurement results exceeding the limit values must be clearly detected in the measurement. One slightly different measurement result does not lead to disqualification. The use of fluoride must be clearly visible and verifiable.